Week One	Week Two	Week Three	Week Four
Mon – Sausage casserole & Yorkshire	Chilli & rice with pitta bread	Macaroni Cheese & broccoli bake	Cowboy casserole
puddings	Followed by	Followed by	Followed by
Followed by	Yoghurt & biscotti biscuits	Jam tarts & whipped cream	Bananas & custard
Chocolate sponge & custard	5		
	Tea time: Chunky Veg soup with	Tea time: Scrambled egg with toast	Tea time: Tuna tortilla roll-ups with
Tea time: Pizza and fresh melon	croutons followed by savoury Scones.	soldiers with cheese & crackers	cucumber followed by fresh fruit
			covered in yoghurts
Tues – Homemade Lasagna with	Fish cakes, mash potatoes &	Homemade Potato, cheese, leak &	Roast Chicken Dinner with veg and
sweetcorn & garlic bread	vegetables & cheese sauce	ham cutlets with beans	gravy
Followed by	Followed by	Followed by	Followed by
Jelly & ice-cream	Marble cake & chocolate sauce	Homemade Rice pudding	Ginger sponge & custard
Tea time: Sandwiches with salad	Tea time: Quiche served with beans	Tea time: Pitta pocket & wraps with	Tea time: Cheese & tomato Pizza
sticks & Savory Scones	then fruit kebabs	various fillings & Fresh Melon slices	followed by Salad sticks & dips
Weds – Chicken fajita's with cous	Cottage pie with medley veg	Chicken chasseur with sweet potato	Jacket Potato with spicy bean bake
cous	Followed by	wedges	Followed by
Followed by	Ice-cream & strawberries	Followed by	Fruit flap jacks
Bananas & custard		Homemade fruit cookies	
	Tea time: Pitta pockets Pizza's		Tea time: Chunky Vegetable soup
Tea time: Homemade Quiche &	Followed by carrot, pepper &	Tea time: Pasta salad with Ham	with croutons followed by Fruit medley
coleslaw followed by Natural yoghurt	cucumber sticks with dips	&sweet corn with Fruit fondue with	
with fruit	•	Natural yoghurt	
Thurs – Cheese, potato & onion pie &	Creamy chicken pasta with peppers,	Fish pie with medley veg	Vegetable Curry & rice with Naan
beans	onion & mushrooms	Followed by	bread
Followed by	Followed by	Fruit wrapped in pancakes with a	Followed by
Fruit salad & angel delight	Fruit Kebab's	choice of sauce	Trifle
Tea time: Pasta Salad	Tea time: Potato croquets & spaghetti	Tea time: Chunky soup with crusty	Tea time: Waffles & beans followed by
with fruit salad combo	followed by Cheese & crackers.	bread with Homemade savory scones	Cheese & crackers
Fri – Tuna & broccoli pasta Bake in a	Italian spicy meatballs with Rice	Sausage, mash & beans	Turkey & Vegetable stir fry with
creamy sauce	Followed by	Followed by	noodles
Followed by	Swiss roll & custard	Chocolate brownies	Followed by
Chocolate crispy cakes			Mixed berry & peach crumble with
	Tea time: A selection of wraps &	Tea time: Voluvents stuffed with	custard
Tea time: Pitta pockets & wraps with	sandwiches with salad	various fillings followed by Root	Tea time: Picnic tea, finger foods
salad sticks & dips	Followed by Yoghurts	vegetable chips & dips	Followed by Homemade savory
			scones
			0001100